

## Chitosan Capsules

Nutritional supplement

### Useful information:

Chitosan is derived from chitin, a substance which occurs naturally in many organisms. Taken as a dietary supplement, Chitosan contributes to the maintenance of normal blood cholesterol level. According to a statement by the EFSA, the European Food Safety Authority, this positive effect is achieved with a daily intake of 3 grams of chitosan, which is guaranteed if the recommended daily dosage is observed.

To Chitosan we have added Calcium that contributes to a normal function of the digestive enzymes.

### Ingredients:

Chitosan 61 % (from crustaceans), Calcium Carbonate (bulking agent), Gelatine, Magnesium Stearate (separating agent).

	per capsule	per daily dose (=8 capsules)	*% of the recommended daily amount according to NRV*	per 100 g capsules
Chitosan	400 mg	3200 mg	**	61 g
Calcium	60 mg	480 mg	60	9 g

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

**Recommended dose:** 4 capsules at midday and evening or before a fatty meal taken with sufficient fluid. Drink plenty during the day. When taking other medications and vitamins a two-hour interval should be observed.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of little children. Do not exceed the recommended daily dose.

**Contents: 240 capsules = 154 g**

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